

Sequence of learning: This information should be used as a guide. Instructors may spend more or less time on particular tasks depending on students' initial abilities and their progression throughout the program. They may also adapt the program with consideration for your school's delivery model and/or local area.

Session	Intended learning outcome	Tips for supervising teachers to assist program delivery
On school site	<p>1</p> <p>Students will be able to carry out a basic bike safety check (student learning journal pg. 13-20). They will understand that it is the bike rider's responsibility to do this before each bike ride.</p> <p>Students will develop and/or demonstrate basic bike riding skills including:</p> <ul style="list-style-type: none"> - Mounting and dismounting a bike (from the left). - Power position (pedal at 2 o'clock) - Scanning the environment (looking ahead, rather than down at bike when in motion) - Controlled braking procedure (both brake levers, gently) - Control speed (increasing, maintaining, decreasing) - Group riding: safe distances, single file, communication (call out stopping). 	<p>Encourage students to work as a team, helping each other to fit their helmets and do the bike safety check. This will promote the Way2Go Bike Ed rule CARE and also provide opportunity for students to demonstrate responsible behaviours independent of adults.</p> <p>New riders may find basic bike handling challenging to begin with. Encourage a persistent EFFORT and seek information about how to best support their learning if needed.</p> <p>Remind students to show RESPECT for the bright vests, helmets and bikes by returning them to the correct place with care.</p> <p><i>*Unroadworthy student owned bikes – if a student reports that he/she cannot have their bike fixed before the next session report this to the school coordinator. They will discuss this with Bike SA in preparation for the next session.</i></p>
	<p>2</p> <p>Building on from previous session</p> <p>Students will be able to change gears and understand the context in which to use them.</p> <p>Students will demonstrate the ability to carry out a slight and tight turn with control.</p> <p>Students will be able to scan for traffic and signal (left and right) (introduction to scan, signal, scan procedure to be applied in context). They will understand how this helps keep them and others safe.</p>	<p>Acknowledge students that demonstrate safe and responsible behaviours by doing a bike safety check and assisting others to fit their helmet while they wait for their peers to join the group.</p> <p>Encourage students to work in pairs to observe and provide one piece of feedback to each other. This will:</p> <p>(a) promote students' active engagement throughout the session by alternating the role as teacher and learner</p> <p>(b) free up instructors to manage the group as a whole and respond as needed.</p>

	<p>3</p> <p>Review of previous sessions and:</p> <p>Students will understand the concept of a <i>terminating</i> and <i>continuing</i> road, and identify each when discussing intersections.</p> <p>Students will understand and apply the give way rules to a simulated T- intersection.</p> <p>Students will demonstrate the ability to pass a parked car safely (simulated onsite).</p>	<p>Onsite assessment must be completed before the on-road sessions begin. You may choose to contribute to completing this. If so discuss how you can be of assistance.</p> <p>Discuss support for students that have not demonstrated readiness to ride in an on-road environment with Bike SA instructors prior to the next session.</p>
<p>On – road</p>	<p>4+</p> <p>The content assigned to each on-road session will depend on duration (time restriction) and the infrastructure available in nearby quiet local streets.</p> <p>Overall, students will demonstrate the ability to safely:</p> <ul style="list-style-type: none"> ○ Ride straight along a continuing road ○ Make a left turn ○ Pass a parked car ○ Make a right hand turn ○ Travel through a single lane roundabout (if one nearby). <p><i>Key themes integrated in each manoeuvre include:</i></p> <ul style="list-style-type: none"> ○ <i>position on the road</i> ○ <i>traffic awareness</i> ○ <i>identifying potential hazards</i> ○ <i>road rules and laws (e.g. giving way).</i> <p>For more detail about the correct procedure for intersections:</p> <ul style="list-style-type: none"> ○ Talk to the team leader (lead instructor) ○ Read the common intersections quiz answer sheet. 	<p>For a prompt start to each session:</p> <ul style="list-style-type: none"> ○ Tell students to use the toilet during recess and lunch time ○ Collect medications (e.g. asthma spray) before the session begins ○ Set up the Way2Go Bike Ed PPT so it is ready to go. Instructors will select the slide required for each session ○ Have students apply sun cream during class talks ○ If your class participates in the last session for the day, have students pack their bags beforehand so that instructors can use the full session time. <p>Discuss with instructors how you can be of assistance during each on road session.</p> <p><i>Your school coordinator may need to plan for additional staff to meet the 1:5 supervision ratio for on – road sessions. Ask him/ her who you should expect to assist in these sessions.</i></p> <p>On-road assessment to be completed by the end of the last session. A photocopy will be made for each class teacher for a record of student achievement.</p> <p>Please complete the online evaluation on the last day of participation. This helps us to continually improve the quality of the program.</p>